LM-Activator is a tooth aligner and activator made of soft silicone. It supports the healthy development of a child’s teeth and jaws. If a tooth is not developing in the right way, LM-Activator can gently guide it to the correct place and position. At the same time, LM-Activator supports the natural growth of the face for achieving a healthy relationship between upper and lower jaws.

Intervening already when a small problem or risk is detected may prevent it from developing into a bigger problem. LM-Activator provides soft guidance to teeth and jaws when needed and incorrect development can be avoided and corrected.
At what age is LM-Activator used?
- LM-Activator can be used at different ages. Your dentist will evaluate the best time. Some children benefit from treatment as early as at the age five or six years.
- When the first milk tooth in the upper jaw falls out, the opportunities are wide for guiding the development of both teeth and jaws because the roots of the permanent teeth are not yet fully developed. When the roots are still growing, it may be easier on the teeth to guide them into the correct position and place. Older patients with more severe malocclusion may need other orthodontic appliances that can apply stronger forces.

What does LM-Activator do?
- If one or more teeth are not in the right place or position, LM-Activator acts like a guide towards the correct place and position. The flexible silicone applies small forces that are able to move the teeth into the correct positions. Because of the shape of LM-Activator, no forces are applied to a tooth that is already in the correct place and position.
- By guiding the jaw into the correct place, LM-Activator supports the healthy growth of the jaws and face.

How is LM-Activator used?
- LM-Activator is used while sleeping. In some cases, a few hours of daytime use may also be needed.
- Using LM-Activator feels comfortable. During the first days there might be a feeling of tension, which is normal and means that LM-Activator is working and applying some force to the teeth. This will go away and you will soon be used to your LM-Activator.
- Regular use is essential for the success of the treatment. Creating a habit is important from the beginning.

“It worked well. I had almost 1 cm of an overjet and when I was done, I had like 3 millimetres or something.
So it really worked!”
Girl 14 years, Sweden

What are the benefits of LM-Activator?
- The smooth and flexible silicone and anatomical shape with round edges makes LM-Activator feel comfortable.
- Silicone is soft by nature so no softeners are needed and LM-Activator is additive free. No coloring or fragrance agents, phthalates or phthalate substitutes, bisphenols or latex.
- LM-Activator is easy to clean and it can be disinfected in boiling water when needed (e.g. because of a flu).

LM-Activator is removable, which offers many benefits compared to e.g. fixed metal braces:
- You can eat any food normally.
- You can brush your teeth normally and the LM-Activator is also easy to clean.
- You can exercise and do any sports.
- LM-Activator is easy to use and no metal wire adjustment is needed. You save time and bother.

What are the benefits of intervening early?
- By intervening early, the development of a malocclusion (i.e. problem with the bite) may be prevented. Research indicates that small malocclusions develop into more severe malocclusions.
- Straightening protruding front teeth reduces the risk that a tooth is damaged in an accident.
- Speech or chewing problems caused by the occlusion may be avoided.
- Self-esteem can be improved by correcting visible malocclusion.
- Malocclusion may increase the risk of caries. By correcting the malocclusion without delay, the risk of caries can be reduced.
- When treating early, more gentle orthodontic treatment like LM-Activator can be used instead of more complex treatment applying more force and requiring longer treatment time.

Before *

After 1 year *

* Clinical pictures courtesy of Dr Rita Myrlund and Dr Mari Dubland, University of Tromsø, Norway.