

# PEARLS

FOR YOUR PRACTICE™



**JOSHUA AUSTIN,  
DDS, FAGD**



## LM Dental ErgoSense Dark Diamond restorative instruments

According to the American Dental Association, more than 230 million restorations are placed annually in the United States.<sup>1</sup> Of those, 75% are direct restorations.<sup>1</sup> That means that we are shaping and contouring composite over and over, all day long. That's a shame. Resin composite restorations, in my opinion, are the most problematic and difficult restorations we do in dentistry. Having quality instruments for direct restoration placement is important in making difficult procedures just a little bit easier. LM Dental ErgoSense Dark

Diamond restorative instruments have become some of my go-to instruments.

The first thing you'll notice about the ErgoSense instruments are the bright, colorful, and ergonomic silicon handles. But the handle is more than just a splash of color. It is specifically designed for superior ergonomics. The next thing you'll notice is how great it feels to hold in your hand. It is the perfect size and width and has a bit of softness to it that makes it comfortable to hold for a long time. For larger clinics or practices, RFID tech-

nology can be integrated into the instrument handles for a precise, robust instrument tracking system.

My first concern was how well these handles would hold up to autoclaving. In my practice, they have held up perfectly over about a hundred cycles. The manufacturer has tested them over thousands and thousands of cycles with zero issues.

Available in a large assortment of shapes and sizes, there are plenty of LM ErgoSense choices to fill your armamentarium. The LM ErgoSense Sharp Diamond

hygiene and perio instruments promise "sharpen-free perio." The tips are coated with a micromembrane using physical vapor deposition, so they have a long-lasting sharpness that will make your hygienists happy.

Since trying the Dark Diamond instruments, I have replaced all my old house-brand restorative instruments. Resin composite does not stick to the ErgoSense instruments, so they are a real joy to use.

Another benefit has been how easy it is for my assistants to locate particular instruments. Since all the handles are different colors, I can ask for "the yellow one" instead of a PKT 1, for instance. My assistant can track it down more quickly than with our previous setups, in which all the handles looked exactly the same.

Hard-hit single to left field for LM ErgoSense Dark Diamond instruments! **DE**

### REFERENCE

1. American Dental Association. *2005-06 Survey of Dental Services Rendered*. Chicago, IL: American Dental Association Survey Center;